



International support services and resources

This list of international support services and resources is intended to be an evolving source of information for whoever may need it. If you know of any support services from regions around the world which should be added to this list, please let us know at iswan@iswan.org.uk.

SUPPORT SERVICE / RESOURCE	REGION / COUNTRY	AREAS OF SUPPORT	LANGUAGE	LINK / E-MAIL ADDRESS	NOTES
Hunterlink	Australia	specialist welfare and support service for seafarers and maritime workers	English	LINK	
WOMESA	East and South Africa	Women's Network	English	LINK	
NUSI Sahara	India	Mental Health and Wellbeing Helpline	English	LINK	
Befrienders Worldwide - Seafarers	International	Mental health support	English	LINK	
Tautoko Tane	New Zealand	Sexual assault and sexual harassment	English, Maori	LINK	<i>Not specifically for seafarers</i>
AMOSUP Assistance Form - Women	Philippines	Bullying, sexual assault, sexual harassment,	Tagalog, English	LINK	<i>For women seafarers, including non-members of</i>
ITF Inspector - Cebu (Nino Mike Torrevillas, JD)	Philippines	Any contractual and employment issues	Tagalog, Cebuano, English	peralta_arvin@itf.org.uk	
ITF Inspector - Manila (Arvin Ivan Peralta)	Philippines	Any contractual and employment issues	Tagalog, English	peralta_arvin@itf.org.uk	
National Center for Mental Health	Philippines	Mental health support after abuse, bullying, harassment, discrimination and violence	Tagalog, English	LINK	<i>Not specifically for seafarers</i> Services provided: Consultation, counselling, psychological assessment, therapy, medication
Philippine General Hospital	Philippines	Mental health support after abuse, bullying, harassment, discrimination and violence	Tagalog, English	LINK	Services provided: Free consultation, free
UST Graduate School's psychotrauma Clinic	Philippines	Mental health support after abuse, bullying, harassment, discrimination and violence	Tagalog, English	LINK	Services provided: Free psychological services,
RED MAMLa	South America	Women's Network	English, Spanish, Portuguese	LINK	
1in6	UK	survivors (men)	English	LINK	<i>Not specifically for seafarers</i>
Campaign Against Living Miserably	UK	Suicide & Crisis Lifeline	English	LINK	<i>Not specifically for seafarers</i>
Safer Waves	UK	Sexual violence, sexual harassment or gender discrimination	English	LINK	Safer Waves provides an anonymous email support service, run by volunteers who are trained in responding to disclosures of sexual violence, and who understand the specific challenges experienced when these events happen onboard a vessel.
SAIL Line	UK	Citizen advice for seafarers	English	LINK	
Salute Her	UK	Sexual violence, sexual harassment or gender discrimination	English	LINK	

Seafarers Hospital Society	UK	Physical Health	English	LINK	
Maritime Wellbeing	UK / International	Maritime Wellbeing Programme	English	LINK	
Sailors Society	UK / International	international virtual chaplains, peer to peer support groups	English	LINK	
988 Lifeline	US	Suicide & Crisis Lifeline	English, Spanish		<i>Not specifically for seafarers</i>
Helping Survivors	US	Sexual assault and sexual harassment	English	LINK	<i>Not specifically for seafarers</i>
1in6	USA	Sexual assault and sexual harassment survivors (men)	English	LINK	<i>Not specifically for seafarers</i>
Our Wave	USA	Sexual assault, abuse, and harassment - story sharing	English	LINK	<i>Not specifically for seafarers</i>
Women Offshore SAVE	USA	Bullying, sexual assault, sexual harassment, verbal abuse, physical abuse, among others	English	LINK	
Center for Mariner Advocacy	USA / International	Legal aid	English	LINK	