

ISWAN Insights: Spotlight on SeafarerHelp

1st January – 30th June 2025

1,337

**NEW CALLS
AND MESSAGES**

22.1%
↓ compared to the
same period in 2024

2,879 SEAFARERS



AND

**FAMILY
MEMBERS ASSISTED**



Key trend
**MENTAL HEALTH
AND WELLBEING CASES**

62.7%
↑ compared to the
same period in 2024



15% of the **1,153**
cases handled in this period

Main issues raised



Workplace stress **57** CASES



Worry or concern **49** CASES



Low mood **41** CASES